FUELS SPR AYS

Relief Migraine/Stress

> Helps Clear Migraines and general tension

## Relief Allergy

Breathe Easy - Aids Allergy Relief Relief

times. Use topically on areas of stress or pain (not around the eyes).

Top Notes: Marjoram, Lavender, Peppermint, Basil Great for everyday allergies and dust, mold and mildew or the smell of old cigarette smoke. Diffuse into the air, inhale directly from the palms of your hands, spray on your pillow, or inhale from a tissue. When you awake "sneezing your head off," this blend will clear up your day.

Top Notes: Spruce, Rose, Lavender, Geranium, Ylang Ylang, Green Mandarin, Jasmine, Lemon, Bergamot

Fortifies your system against cold, virus, and flu. Anti-viral, anti-fungal,

Cold, Flu, Virus "En Garde" Fortifies

Against Infections

anti-microbial, and anti-bacterial. Apply it to the bottoms of the feet, inhale from a tissue, or the palms of your hands. Diffuse into the air. Put a drop in food, on toothbrush, or in water.

Relieves migraines &stress. Clears a stuffy head in moments. Very

invigorating to the mind. Inhale deeply (2 or 3 sprays) from the hands, by breathing deeply with both the nose and mouth several

Top Notes: Cinnamon, Clove, Eucalyptus, Rosemary

Energy **Spirit** 

Heightens Mental Potential & Alertness Put one drop in your bottle of water for a boost of energy all day. Contains anti-bacterial oils. Diffuse and Inhale. Use as a soap free hand wash. Put on your toothbrush(not in the evening) to fortify your system. Wiping telephone recievers and door handles can help protect you from germs.

Top Notes: Orange, Tangerine, Lemon, Mandarin, Grapefruit, Spearmint



Energy **Vitality** 

Increases Vitality and Get-Up-And-Go Improves physical energy. Diffuse or apply to forhead, wrists, back of neck, temples, behind ears. Inhale form hands or a tissue.

Top Notes: Peppermint, Basil, Rosemary, Lemon Grass, Fir, Juniperberry, Black Pepper



Energy Clarity

Promotes Clarity Of Thought

Contains oils specific to improving brain function. Great for alertness when driving late or studying. Diffuse or apply to the forehead, wrists, back of neck, temples, behind ears. Inhale from your hands or a tissue.

Top Notes: Rosemary, Peppermint, Basil, Bergamot, Cardamom



Serenity Sweet Dreams

Encourages a Calm Peaceful Spirit and Pleasant Thougts

Relaxes and promotes restful sleep. Diffuse or rub on the bottom of the feet after bathing, apply to the wrists, behind the ears, the back of the neck and the forehead during times of stress or at bedtime. Known to calm overactive children and "Type A" adults. Soothes the body, mind and spirit. Top Notes: Orange, Patchouli, Tangerine, Ylang Ylang



Serenity Soothing Lavender

Soothes the Mind, Body and Spirit

Relieves swelling of feet & ankles. Will cleanse and soothe cuts, burns, sunburns, bruises and insect bites. Spray on the mattress, pillows, bedding, door handles, light switches and bathrooms. Excellent mosquito repellent. One drop on tongue 1/2 hour before meals can suppress appetite.

Top Notes: 100 % Pure Lavender



Serenity Secret Forest A natural earthy fragrance. Relaxes, sedates and soothes. Can be used as a mosquito repellant. Diffuse into air, apply topically to pressure points and areas prone to mosquito bites.



Joyful Abundance

Contains a combination of oils that stimulates the pineal gland in the brain, which inspires a higher spiritual awareness. Diffuse and apply topically over heart. Can be worn as a perfume.



Welcomes Wealth, Harmony, and Happiness

Top Notes: Cinnamon, Frankincense, Myrrh, Patchouli, Orange

Top Notes: Cedarwood, Fir, Pine, Spruce



Joyful Laughter

Refreshes, Uplifts & Inspires Happiness

A clean refreshing blend that is emotionally uplifting. Gives you a happy feeling. Apply topically to all pressure points. Inhale form the palms of the hands or a tissue. Can be worn as a perfume.



Joyful Romance Combines oils known throughout history to be used as aphrodisiacs. Apply topically over the heart, on temples and wrists. Contains soft floral notes. Can be worn as perfume.

Top Notes: Tangerine, Grapefruit, Sweet Orange, Rosewood

Inspires Bliss, Romance, and Confidence

Top Notes: Tangerine, Grapefruit, Sweet Orange, Rosewood